

Swimmer Evaluation Form

NONSWIMMER
(Must stay in designated
area for nonswimmers)

INTERMEDIATE SWIMMER
(Not allowed in water
above shoulders)

QUALIFIED SWIMMER
(Access to all
swimming areas)

Supervisor/Instructor: _____

Date: _____

Name of Swimmer: _____

Age: _____

Parent/Guardian permission obtained:

Yes **No** (Swimmer is not allowed in the water.)

Anyone under the age of seven, regardless of their swimming abilities, should be classified as a nonswimmer and be issued a red wristband.

An intermediate swimmer should be able to successfully demonstrate the following without assistance:

Step into chest-deep water, move into a front float for 5 seconds, roll over to a back float, return to a standing position, move into a back float for 5 seconds and return to a standing position.

Yes **No** (Swimmer is given a red wristband.)

Push off and swim using a combination of arm and leg movements for 15 feet on the front and push off and swim using a combination of arm and leg movements for 15 feet on the back.

Yes **No** (Swimmer is given a red wristband.)

If someone cannot complete the above procedures, they should be classified as a nonswimmer.

A qualified swimmer should be able to successfully demonstrate the following without assistance:

Perform a feet-first entry into chest-deep water, swim front crawl 25 yards, maintain position on back for one minute in deep water (floating or sculling) and swim back crawl for 25 yards.

Yes **No** (Swimmer is given a yellow wristband.)

Swim breaststroke 25 yards, tread water for one minute and swim elementary backstroke for 25 yards.

Yes **No** (Swimmer is given a yellow wristband.)

What color wristband was given?

Red – Nonswimmer

Yellow – Intermediate swimmer

Green – Qualified swimmer



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