

Church Mutual Swimmer Evaluation Form

NONSWIMMER
(Must stay in designated
area for nonswimmers)

INTERMEDIATE SWIMMER
(Not allowed in water
above shoulders)

QUALIFIED SWIMMER
(Access to all
swimming areas)

Water Safety Instructor: _____

Date: _____

Name of Swimmer: _____

Age: _____

Parent/Guardian permission obtained:

Yes **No** (Swimmer is not allowed in the water.)

Anyone under the age of seven, regardless of their swimming abilities, should be classified as a nonswimmer and be issued a red wristband.

An intermediate swimmer should be able to successfully demonstrate the following without assistance:

Submerge and retrieve an object. Float, at least three seconds, in chest-deep water, independently.

Yes **No** (Swimmer is given a red wristband.)

Jump into chest-deep water from the side, swim front crawl for 15 yards. Then swim on back for 15 yards.

Yes **No** (Swimmer is given a red wristband.)

If someone cannot complete the above procedures, they should be classified as a nonswimmer.

A qualified swimmer should be able to successfully demonstrate the following without assistance:

Perform a feet-first entry into chest-deep water, swim front crawl 25 yards, maintain position on back for one minute in deep water (floating or sculling) and swim backstroke 25 yards.

Yes **No** (Swimmer is given a yellow wristband.)

Swim breaststroke 25 yards and tread water for one minute.

Yes **No** (Swimmer is given a yellow wristband.)

What color wristband was given?

Red – Nonswimmer

Yellow – Intermediate swimmer

Green – Qualified swimmer



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